

**To All Parents of students of 3rd & 4th term Medical, Dental, Nursing, Pharmacy And
Physiotherapy**

Dear Parents,

Subject: - Inter disciplinary Community Orientation Programme (IDCOP 2019) from 18/11/2019 to 07/12/2019.

Cordial Greetings from Ramaiah Group of Institutions!

Ramaiah Medical College has been organizing the community orientation program for the medical and dental undergraduate students for the last 15 years. The institution, in its wisdom, has expanded the program to include students from other health professions such as dental, pharmacy, physiotherapy and nursing. The core idea is to bring together the students from various disciplines and expose them to the nuances of the community based learning. This would enable them to work as a team in addressing the health care needs. It is a unique attempt and is pioneered with the theme of “UNITY FOR HEALTH”. This unique programme involves exposure of your ward to lifestyles in both rural area and urban slums.

GOALS :

- 1) Ensure value education through service to marginalized groups - people living in villages/slums.
- 2) Strengthen skill and attitude of UG students to help them serve later as effective doctors and leaders in the society.
- 3) Help the institution to work towards increased social accountability-in its service, training and research endeavors in undergraduate curriculum.
- 4) Help the students develop appropriate communication skills.
- 5) Instill & inculcate self-learning – problem based learning.



The programme involves visit to urban slums and also *residential stay at Kaiwara*. Kaiwara Primary health centres is one of the rural health center attached to this college, which is about **70 kms from Bengaluru** (15 kms from Chintamani) in Chikkaballapur district. The students during this time will be under the guidance of the faculty and visit the assigned villages in groups, build rapport and undertake various activities that will fulfill the objectives of this programme.

It is hoped that this exposure along with your kind support and cooperation will enable your ward as a student to become a better professional doctor/nurse/dentist/physiotherapist/pharmacist and more so an empathetic human being. The students will visit these families again during later term & during internship.

The programme is from **18th November to 07th December 2019**. The Kaiwara stay for your ward will be for 1 week (**either 21st to 28th November or 28th November to 5th December**). The boarding and lodging facilities have been arranged at Kaiwara Sri Yoginarayana Yathindraru Ashrama. They will be in a safe and secure point under the guidance and supervision of our faculty members.

Kindly note that attendance is compulsory and if the student is not able to attend for whatever reasons, the management would take appropriate decision regarding the student's attendance and eligibility for examination.

A consent form for students and parents/guardians' signature will be given to the students.

Contact address:

Kaiwara:

Administrative Officer

Sri Yoginarayana Yathindraru Ashrama

Kaiwara, Chintamani Taluk, Kolar District

Ph. No: 08154-239525

Discipline	Co-ordinators		Professor & HOD	Principal
Medical	Mr. Shivaraj Assistant Professor Department of Community Medicine Ramaiah Medical College Bengaluru: 560054	Dr. Pavithra Cheluvraj Assistant Professor Department of Community Medicine Ramaiah Medical College Bengaluru	Dr. Shalini C Nooyi Prof & HOD, Community Medicine Ramaiah Medical College Bengaluru: 560054 Ph: 080-23605190-601	Dr. Medha Y Rao, Principal and Dean, Ramaiah Medical College, Bengaluru Ph. No: 080- 23605190

	Ph: 080-23605190-602	560054 Ph: 080-23605190-602		
Dental	Dr. Shwetha K.M, Reader, Department of Public Health Dentistry, Faculty of Dental Sciences, R U A S Ph: 080-23602079-222		Dr. Pushpanjali, Prof. & HOD, Public Health Dentistry, Faculty of Dental Sciences, R U A S Ph: 080-23602079-222	Dr. B.V. Sreenivasa Murthy Principal & Dean, Faculty of Dental Sciences, R U A S Ph. No: 080-23602079-230
Nursing	Prof. A. Santham Lillypet, Vice Principal, Prof & HOD Community Health Nursing, Ramaiah Institute of Nursing Education and Research Bengaluru 560054 Mob No: 080 - 23604047			Prof. Jadhav Sonali Tarachand Principal Ramaiah Institute of Nursing Education and Research Bengaluru 560054 Ph No: 080 - 23604047
Physiotherapy	Ms. Diana Rodrigues Lecturer, Department of Physiotherapy Ramaiah Medical College Bengaluru: 560054 Ph: 080 - 23608361	Dr. Savita Ravindra Professor and Head Department of Physiotherapy Ramaiah Medical College Bengaluru: 560054 Ph: 080 - 23608361	Dr. Medha Y Rao, Principal and Dean, Ramaiah Medical College, Bengaluru Ph. No: 080-23605190	
Pharmacy	Mrs. Maheshwari Prof & HOD, Department of Pharmacy Practice, Faculty of Pharmacy R U A S Mob No: 9620451165			Dr. Madhavan. V Principal, Faculty of Pharmacy R U A S Ph No: 080-23603942

Thanking you & with warm regards,
 Yours Sincerely,

DR.MEDHA Y RAO,
PRINCIPAL & DEAN
RAMAIAH MEDICAL COLLEGE

Code of conduct

Students are expected to conduct themselves in accordance with generally-accepted standards of scholarship and conduct. The purpose of the Student Code of Conduct is not to restrict freedom but to protect the rights of all students in their academic pursuits.

While at all community orientation programme activities, students are expected to follow these rules:

1. Students are expected to interact with all the faculty and actively participate in all the programs held for IDCOP for maximum benefit from IDCOP.
2. Request for changes in the village allotment during IDCOP are not entertained.
3. Work done statement for all the sessions of the day need to be submitted compulsorily by 9.30 AM the next day, for attendance.
4. Proxy is not allowed for individuals during marking of attendance by concerned faculty.
5. Keep faculty/PG informed of any gross inconvenience faced/fall or injury/ illness.
6. Be punctual for all the activities.
7. Dress code: Salwar Kameez for girls and shirt and trousers for boys (wearing jeans/slippers is not allowed) .Wearing of apron is compulsory.
8. Expensive valuables/ Gold/ gadgets are to be brought to the rural area at your own risk.
9. Trekking/hill climb is not entertained.
10. Use school appropriate language and behavior at all times.
11. Avoid vulgarity/obscenity while conducting your-self in the community and during cultural programs.
12. Students are requested to keep the ashram premises clean.
13. Non- vegetarian items/alcohol/cigarette/any forms of tobacco are not allowed within the ashram premises at Kaiwara.
14. Cooking inside the hostel room is not entertained.

15. Do not risk eating from roadside/unknown/unclean water sources in and around the ashram.
16. Students suffering from any medical problem/ illness should keep the faculty / PG informed prior to the COP.
17. Students taking regular medication should bring the required quantity of medication to last the whole duration of COP.
18. Students are suggested to bring their own mosquito repellents to guard against mosquito bites; thermal wear/sweaters/mufflers for personal use should also be brought as necessary.
19. They are advised to keep themselves well hydrated.
20. Students should not entertain any monetary requests of people of the community.
21. Loud music is not permitted in the hostel.
22. Students are requested to switch off the light, fan and water tap before leaving their hostel rooms.
23. If structural damage in the hostel rooms is found, then all the occupants of the concerned room will be fined.
24. Do not feed dogs/monkeys or any other animals with eatables.
25. Students are not allowed to go out of the ashram premises between 10PM and 5AM.
26. Any sort of misbehavior identified by the facilitator/faculty, stringent action will be taken and informed to their parents.